



Friday 8th May 2026

Church Langton Church of England Primary School Newsletter – Updates and Announcements

Dear Parents and Carers,

As I reflect on the past week, school has been a hive of activity. Reception have enjoyed visits from the Fire Brigade and a vet, as part of their work on People Who Help Us. Year 3 have immersed themselves today in the Roman World, some fantastic costumes helped bring the day to life.

Today the school celebrated David Attenborough's 100th birthday by reflecting on the inspirational impact he's had on wildlife and wider society. Please see some reflection messages below that show just how much value the children attribute to him.





Finally, I am excited for Year 6 to have the opportunity to demonstrate all the knowledge they have acquired during their time at Church Langton next week. They have all worked incredibly hard and the school community are incredibly proud of them. I look forward to seeing them in the hall for breakfast on Monday morning!

Kind regards

S. Ross

Mr Ross

Year 1

Year 1 had a brilliant time on our recent visit to Attenborough Arboretum! The children represented the school wonderfully and showed enthusiasm throughout the day.

On arrival, we began by recapping our learning about the different parts of plants and trees. We then explored the arboretum, searching for these features in real life. The children were particularly fascinated by the variety of bark textures found on the trunks of different trees.

Later, the children collected leaves and sticks from the ground to create their own collaborative “tree” artwork. We then enjoyed a lovely picnic-style lunch outdoors.

In the afternoon, we reflected on how incredible nature is, discussing how plants can grow even in challenging environments. The children also got creative by making masks from leaves they had gathered. We finished the day with a huge game of hide and seek—where the masks provided excellent camouflage! A special mention goes to Mr Williams’ team, who cleverly used a high-vis jacket as a decoy.

Back at school, we discussed how Christians believe God created the world, and how it is everyone’s responsibility to look after it.

It was a fantastic day that brought our learning to life!





EYFS

People Who Help Us

*We have had an exciting week in Reception as part of our learning about **People Who Help Us**.*

On Wednesday, we were delighted to welcome three firefighters from Kibworth Fire Station, who visited us with their fire engine. The children learnt all about the important role firefighters play, how to stay safe and help prevent fires, and what firefighters do in an emergency. The children especially enjoyed exploring the fire engine, discovering the different tools it carries, and even having a turn using the fire hose!

On Thursday morning, we were pleased to welcome Mrs Robinson, who taught us all about being a vet and how vets help animals and their owners. The children looked at x-rays, learnt about caring for different animals, and enjoyed trying

on a vet's scrubs and mask. They also learnt how to listen for a heartbeat and how to apply a bandage.

It has been a fantastic week full of hands-on learning experiences, and the children have thoroughly enjoyed meeting some real-life people who help us in our community.



Summer Term Dates (Summer 1 – 13th April – 22nd May ----- Summer 2 - 1st June - 9th July)

<u>Residential Visits</u>	<u>Year 6</u> 1 st June- 5 th June_
<u>Day Trips</u>	EYFS – Warwick Castle 21 st May <u>Year 2</u> – Twycross Zoo 26 th June
<u>SATS</u>	<u>Year 6</u> – Week Beginning Monday 11 th May – Thursday 14 th May
<u>Multiplication Test</u>	<u>Year 4</u> – Week Commencing 1 st June
<u>Phonics Screener</u>	<u>Year 1</u> Week Commencing 8 th June_
<u>Sports Day</u>	19 th June

School Cake Sale



COME TO OUR

School Cake Sale

Friday 22nd May 2026

**YEAR 6 WILL BE
SELLING CAKES AND
TASTY TREATS IN THE
PLAYGROUND
AFTERSCHOOL**

We are raising money for the year 6 leavers party and we would love your support

Donations of cakes are welcome. Please bring to the school office on the morning of the 22nd
ALL cakes and sweet treats must be NUT FREE
we welcome homemade cakes but please provide ingredient list, Thank you- year 6

Free STEM Masterclass - Leicester High School for Girls

On Saturday 6 June (9.30am – 11.30am), Leicester High School for Girls is hosting a hands-on session titled “Journey to the Stars.” During the morning, pupils will:

- build their own rocket
- explore the scale of the Solar System
- investigate the search for extraterrestrial life

The session is designed to be practical, engaging and accessible, and provides an opportunity for pupils with an interest in science and maths to enjoy learning something new beyond the primary curriculum.

Event details

Journey to the Stars – STEM

Masterclass 

For girls in Years 5 and 6

Saturday 6 June

9.30am – 11.30am

Leicester High School for Girls

Places are limited, and booking is required via our [website](#) .



LeicesterHigh
SCHOOL
FOR GIRLS

STEM MASTERCLASS

FOR GIRLS IN YEAR 5 & 6

Saturday 6 June
9.30am - 11.30am

- 1.** Explore and discover the solar system and the scale of space!
- 2.** Build and launch your own rocket!
- 3.** Learn and search for signs for Alien life!

**Limited spaces
BOOK NOW!**

www.leicesterhigh.co.uk

May Half Term Camp

**May Half Term
26th May - 29th May
AND
Monday 1st June**



LOPC

-HOLIDAY SCHEME-

FULL DAYS 9AM-4PM

OR

HALF DAYS 9AM-1PM

**WRAP AROUND CARE
AVAILABLE!**



Adventerous
activites including
water activities,
ropes, targets and
bushcraft.

'Lets Get Good' Days
each day



Hayley@LOPC.CO.UK

**BOOK
NOW!**



Summer Holiday Club



The Village Hall, Tilton on the hill,
Leicester, LE7 9DB.

Tiddlywinks holiday club 2026!

**Come and join us for fun outdoor and indoor activities.
For age 2-10 years**

Summer holiday

Monday 20th – Friday 24th July week 1

Monday 27th – Friday 31st July week 2

Monday 3rd – Friday 7th August week3

8.30am – 5pm

Sibling and full week discount
Flexible time and hours to suit you
Ofsted registered

Please contact us:

Tiddlywinks – 07722092146 or 07960298751

Or email us on: preschooltiddlywinks@yahoo.com

YMCA TRINITY GROUP



Here for young people
Here for communities
Here for you



MENTAL HEALTH & WELLBEING SERVICES

'I have learnt not to be afraid of myself' - Counselling client

'Their expertise in the field of Education and Counselling was exceptional; making them not only an excellent lead trainer, but also they have a humanness which came across strongly' - Staff Training delegate

'I feel more prone to now allowing myself to take a moment to reflect on my thoughts, feelings and actions before I act.' - Supervisee

T 01733 373187

E mentalhealthservices@ymcatrinity.org.uk

W ymcatrinitygroup.org.uk



www.linkedin.com/company/ymcamhs/



We believe that everyone deserves access to wellbeing support and education. We are a leading evidence-based service focused on removing the barriers to mental wellbeing that prevent communities from thriving.

WHO WE WORK WITH?

Our holistic offer allows us to take a needs-led approach to support a wide variety of settings and communities including:

- ▶ Workplaces
- ▶ Charities and community groups
- ▶ Children and young people (e.g. through education or youth services)
- ▶ Families
- ▶ Professionals and mental health networks.

WHAT DO WE OFFER?

CLINICAL SUPPORT

- ▶ Counselling and therapy for ages 5+ (including children, staff and parents or carers)
- ▶ Mentoring and group work
- ▶ Reflective or clinical supervision for staff
- ▶ Mental Health hubs

MENTAL HEALTH TRAINING

- ▶ Basic awareness workshops for all ages
- ▶ Enhanced courses covering a range of specific topics
- ▶ Targeted programmes to support senior leaders
- ▶ Bespoke courses

OTHER WELLBEING SERVICES

- ▶ Room and studio hire for meetings and events
- ▶ Workplace wellbeing consultancy
- ▶ Volunteering and fundraising opportunities

10 Top Tips for Parents and Educators

HELPING NEURODIVERGENT CHILDREN NAVIGATE THE ONLINE WORLD

Neurodivergent people tend to be early adopters of technology, and many influential innovators in this space are neurodivergent themselves. It's therefore likely that a neurodivergent child or young person may be drawn to the online world from an early age. This isn't a concern in itself, but understanding both the benefits and potential risks is essential. Here are ten key considerations to support safe and positive online experiences for neurodivergent children.

1 TREAT ONLINE LIKE THE REAL WORLD



You wouldn't allow a child to cross a road without guidance – you'd hold their hand, use a pedestrian crossing, and model safe behaviour. In the same way, a neurodivergent child's first experiences online should be supported by an adult who can guide and explain safe and responsible digital behaviour to them from the outset.

2 MODEL RESPONSIBLE USE



Children learn from what they see. Show all children, regardless of neurotype, what responsible internet use looks like. Reflect on your own use of social media and AI. Consider how often you use them and your own understanding of these platforms. Talk openly about when and why you use these tools, helping all children develop a balanced and informed approach.

3 KNOW YOUR LIMITS



Current government guidance suggests no solo screen use below the age of two, with a maximum of one hour per day for two- to five-year-olds. Screen time can support communication and connection when shared with an adult. However, passive watching can affect neurodivergent children's attention and language skills. Focus on the type of content they watch, encouraging slower-paced and meaningful material rather than fast-paced, overstimulating content.

4 CONSIDER AGES AND STAGES



For older children and teenagers, agreed limits are important. Screen time can be beneficial, but it should form part of a balanced lifestyle. Neurodivergent children may find online communication easier than real-world conversation, supporting their social interaction. However, it shouldn't be their only option. Encourage a range of activities, including creative play, physical exercise, and opportunities for real-world connections.

5 KEEP CONVERSATIONS OPEN



Discussions about online safety should begin early and continue as children grow. However, neurodivergent children may worry about getting things wrong or being misunderstood, meaning these kinds of conversations should feel open and fair, rather than like a lecture. If a child encounters a problem – such as a scam or inappropriate content – they need to feel able to speak to a trusted adult without fear of judgement or embarrassment.

6 BUILD YOUR KNOWLEDGE



You aren't expected to be an expert, but it's important to stay informed about the platforms, games, or apps neurodivergent children use in order to provide practical support. Social media platforms have age limits, and many apps and games offer parental settings that can control access. Schools and families should work together to understand these tools, helping neurodivergent children use them safely while keeping up to date with new features and changes.

7 SET CLEAR BOUNDARIES



Children and young people often know more about current technology than adults, meaning it's important to recognise that controls may be bypassed. Clear, predictable boundaries should be used, based on trust and consistency. Involving children in discussions that affect them helps them feel heard. This is particularly important for neurodivergent children, who may respond strongly to perceived unfairness.

8 UNDERSTAND AI CONTENT



The internet now includes large amounts of AI-generated content, including images, videos, and stories. These can be difficult to identify. Children should be encouraged to question what they see and check the information using trusted sources. Neurodivergent children may interpret content literally, meaning adult guidance is important in helping them recognise what's real and reliable – and what isn't.

9 EXPLAIN AI LIMITATIONS



AI isn't the same as a search engine. It generates responses based on prompts and patterns, and its accuracy depends on how it's used. Sometimes, it produces incorrect or unrealistic information, known as 'hallucinations'. Both adults and children need to understand this and learn how to check information carefully using reliable and trusted sources.

10 CLARIFY AI RELATIONSHIPS



AI can feel conversational and personal, but it's not capable of real relationships. It learns from patterns in user input rather than human understanding. Some neurodivergent children may experience a sense of connection with AI chatbots, particularly if they find social situations challenging. It's therefore important to explain that these are simulated conversations and aren't a substitute for real, human relationships.

Opportunity for Year 6



Vox: Share what matters

What's life all about? Where do I belong?
How can I find meaning and purpose? And
what's that all got to do with Christianity?

Vox is an opportunity to listen in to honest
conversations about things that matter.
A camera crew follows six young people as
they head to a location in the middle of
nowhere so they can get back to the basics
of life and the Christian faith.



Led by Brian Boley
07968 346127
pastor@thechapelcentre.org.uk



Over eight episodes, we will join six young people
as they open up the Bible to explore Christianity
and find out what God has to say about himself,
about us, and about life here on earth.

We will listen to their conversations as they wrestle
with their own questions, and share what matters
to them. We can also talk about these things
ourselves as we share what matters to us.

Mon 18 May	Ep 1: What it's all about
Tue 19 May	Ep 2: It's Christmas!
Mon 1 June	Ep 3: Who is in charge?
Mon 8 June	Ep 4: Game-changer
Mon 15 June	Ep 5: Cancel Culture
Mon 22 June	Ep 6: You're welcome!
Mon 29 June	Ep 7: Is this justice?
Mon 6 July	Ep 8: This is just the beginning

All at 11.00am

Vox: Share what matters

Open Evening

On Tuesday 19 May Open Evening will take place for Year 5 parents who may be considering senior school options for entry into Year 7 in September 2027.



Open Evening

Visit us on Tuesday 19 May, 5.45-7.15pm



BOOK YOUR PLACE



The Farms Return to Harborough

This fantastic, family-friendly event will take place in the Town Square on Sunday 7th June, from 10am to 3pm. Organised by Sustainable Harborough Community, it promises an engaging day for all ages.

There will be:

- Farm animals
- Expert speakers
- Talks and educational activities
- Stalls

Topics include agroforestry, sustainable and climate-friendly farming, local food systems, and opportunities for women and girls in farming.



**THE FARMS RETURN TO
HARBOROUGH**

Discover Local Farming,
Climate-friendly farming,
Sustainable farming.

Good for food, bees,
farmers, soil and trees.

 Sustainable Harborough Community 
www.sustainableharboroughcommunity.co.uk

FREE EVENT

Market Harborough Town Square LE16 7PA

Sunday 7th June 2026 10am - 3pm

 Sustainable Harborough Community

Part of Harborough
Big Green Week

**THE GREAT
BIG GREEN
WEEK** 

NEURODIVERSITY Newsletter

MAY 2026



Funded by
UK Government

What is neurodiversity?

Neurodiversity is a term used to describe the different thinking styles that affect how people communicate with the world around them. Neurodivergence refers to when someone's brain processes information, learns, or behaves differently from what is considered "typical."

Some neurodivergent conditions include:

- **Dyslexia**
- **Dyspraxia**
- **Dyscalculia**
- **Attention Deficit Hyperactivity Disorder (ADHD)**
- **Autism Spectrum Condition (ASC)**

Common signs of a neurodivergence in children and young people

Neurodiversity is very complex and can vary greatly for each child or young person. However, some common differences to look out for include:

- **Social challenges:** Children may struggle to initiate or maintain conversations, prefer to play alone, or find it difficult to understand social cues such as body language or tone of voice.
- **Difficulty communicating:** Some may have trouble understanding jokes or sarcasm and may take things very literally. A lack of eye contact can also be a sign.
- **Repetitive behaviours and interests:** Children may have deep, passionate interests in one or a few topics. They may also display repetitive movements or routines, such as hand-flapping, rocking, or repeating certain behaviours continuously.
- **Sensory sensitivities:** These can include being overly sensitive to bright lights, loud sounds, textures of clothing, or certain smells. Children may avoid crowds or busy places and can become easily overwhelmed by sensory input.
- **Attention and focus issues:** Some children may have difficulty staying on task, act impulsively, or get easily distracted. They may appear overwhelmed by noises or visual stimuli in certain settings.
- **Motor skills and coordination:** Some children may appear to be clumsy or have difficulty with fine motor skills, such as handwriting, using utensils, or participating in sports.
- **Emotional regulation challenges:** Neurodivergent children may struggle to manage their emotions, which can lead to meltdowns, shutdowns, or outbursts. They may feel frustrated if things do not go as expected and may experience higher rates of anxiety or depression due to feeling "different."
- **Difficulty with reading, writing, or maths:** Some children may find reading, spelling, numbers, or organising their thoughts challenging.



DID YOU KNOW? 
15-20% of the world's population
are estimated to be neurodivergent.

Source: The Children's Society

Neurodiversity advice & support



There are a number of services and charities that can offer advice and support. Click on the logos to head straight to their websites!



The Children's Society



If you have any concerns, please consider seeking advice and support from your child's school.



Leicestershire Partnership
NHS Trust



Screen Free Week 4-10th May

Screen Free Week is an annual event that encourages children, families, and communities to take a break from recreational screen use such as television, video games, smartphones, and social media.

The week promotes healthier habits by inspiring people to spend more time reading, playing outside, being creative, and connecting

face-to-face with others. The goal of Screen Free Week is not to eliminate technology

completely, but to help people become more mindful of their screen time and discover the many benefits of balancing digital activities with real-world experiences.



BBC Bitesize has information on how to help your family enjoy a screen free week. Click [here](#) to find out more!



This year, Mental Health Awareness Week will take place from 11 to 17 May 2026. The theme for 2026 is Take Action because, while awareness is vital, real change comes when we take action too. Together, we've come a long way on mental health, but we can't risk going backwards. There's still much we can do to prevent people becoming unwell in the first place. To find out more about Mental Health Week, click [here](#).

LET'S GET SOCIAL!



Health | Well-being | School Sport | PE | Physical Activity
Supporting health Leicestershire Schools to provide opportunities for all young people



Health | Well-being | School Sport | PE | Physical Activity
Supporting South Leicestershire Schools to provide opportunities for all young people

South Leicestershire Community Board



Supporting you across Blaby, Dadby & Wigston





WALKING FOOTBALL

JOIN OUR FRIENDLY ACTIVITY

Wigston Academies Trust
Station Road
Wigston
LE18 2DU

TUESDAYS 6PM - 7PM

No previous experience necessary



SCAN HERE

www.activeblaby.org.uk
016 272 7703 info@activeblaby.org.uk

LET'S GET MOVING



RECRUITING FAMILY SUPPORT VOLUNTEERS NOW

Calling dads, mums, grandparents, carers...
Do you have 2-3 hrs a week available?
Your experience is needed to help local families!

- Free, high quality training and support provided
- Make new friends and connect with your community

Find out more:
01858 467982
info@home-startsouthleics.org.uk
www.home-startsouthleics.org.uk
121 Gower Rd, Market Harborough
Registered Charity No: 1107504
Company Number: 06299096



HOME START
South Leicestershire

f t i



Supporting you across Blaby & Wigston





DADBY & WIGSTON WALKS

Join us for weekly community walks!
Enjoy fresh air, friendly company, and local routes that boost fitness and wellbeing.
It's a great way to meet new people, enjoy nature, and build a healthier lifestyle.
Many walks even finish with a cuppa.

Tuesdays 10am - 11pm
Brocks Hill County Park

Thursdays 11am - 12pm
Carers only (bi-weekly)
Brocks Hill County Park

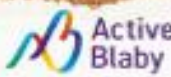
There may be walks at other venues - please see team for details





info@activeblaby.org.uk
016 2727 703



Find information on the local roving healthcare unit here!



Summer Events

 **Summer Reading Challenge - 4 July- 12 Sept 2026** 

READ to the BEAT

This July sees the launch of our brand new Summer Reading Challenge, **Read to the Beat!** Families can look forward to a summer filled with special events and engaging activities across Leicestershire Libraries, exploring how rhythm, music and storytelling spark imagination and creativity.

Find your local library [here](#).

Love Your Library

National Year of Reading 2026

If you're into it, read into it





Did you know that 2026 is the National Year of Reading? Throughout the year, Leicestershire Libraries will be hosting a range of activities and events to encourage reading across our communities. Keep an eye on our website and social media for updates and ways to get involved.

Coalville Library Refurbishment

Coalville Library has reopened after 7 weeks of work behind the scenes. The Children's Library has traded old for bold and now has a fresh, modern feel! The refurbishment was funded by Section 106 Developer contributions. We invite you to come and explore the sensory lights, exciting arches, peep boxes and brand new books and find your favourite new spot in your library.



To find out about upcoming events, visit the ['Whats On'](#) page on our website.

 [facebook/YourLibrary](#)
 [@LeicestershireLibraries](#)

 libraries@leics.gov.uk
 www.leicestershire.gov.uk/libraries



Social Media Please follow our Instagram page, which is linked to Facebook

@churchlangton_ce_primary